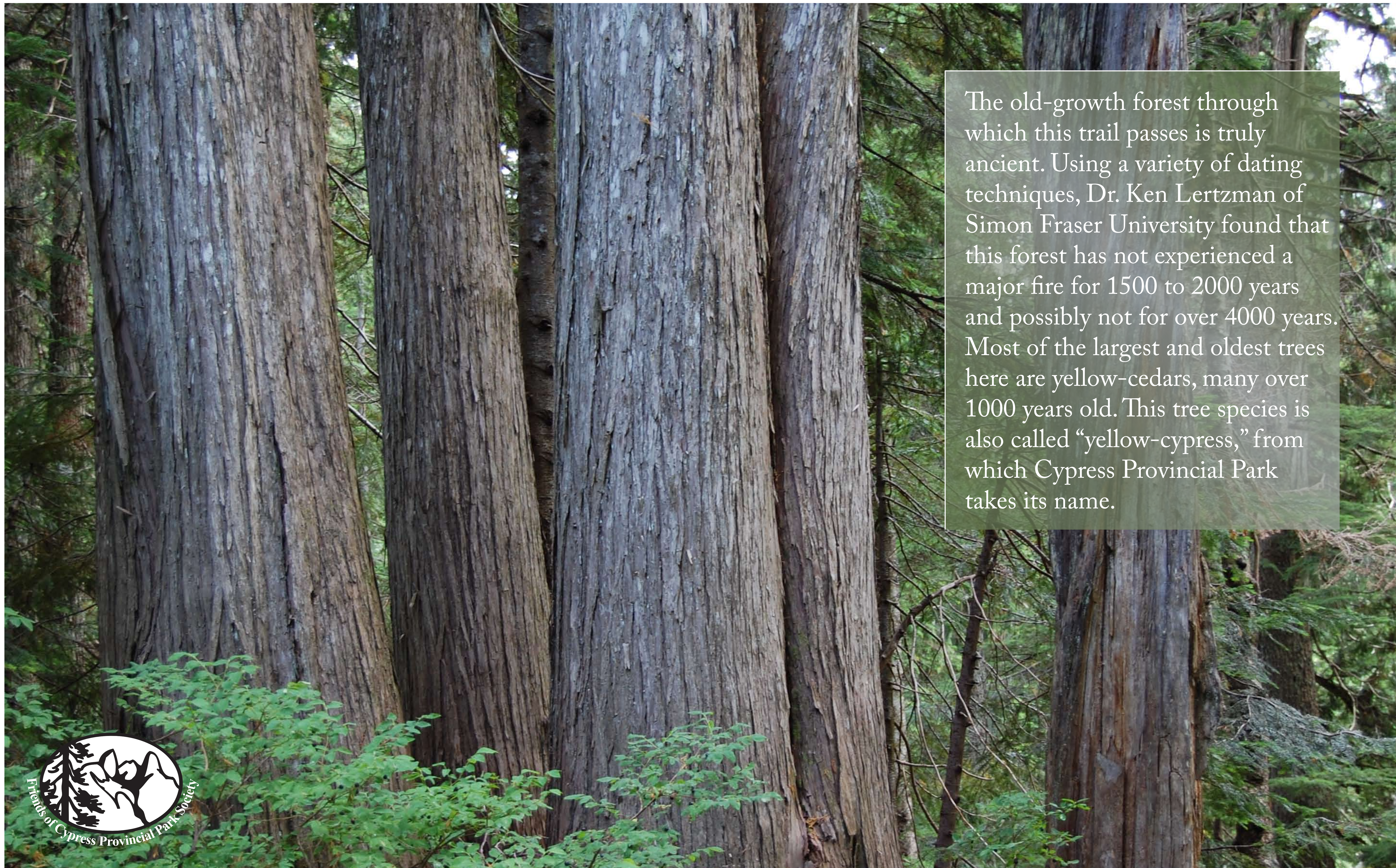




An Ancient Forest



The old-growth forest through which this trail passes is truly ancient. Using a variety of dating techniques, Dr. Ken Lertzman of Simon Fraser University found that this forest has not experienced a major fire for 1500 to 2000 years and possibly not for over 4000 years. Most of the largest and oldest trees here are yellow-cedars, many over 1000 years old. This tree species is also called “yellow-cypress,” from which Cypress Provincial Park takes its name.

